



CHARITA OSTRAVA



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## Director's introduction



Dear friends, in your hands is our report representing the activities of Charita Ostrava. Together with my colleagues, I am pleased to introduce activities and the acts of our charity organization.

The Charita Ostrava staff have been aiming at complex help for people of senior age, as well as people with disabilities, the ones being endangered by social exclusion, and to other people who try tackling their unfavourable situation and are not able to help themselves due to their handicaps, those who seek help from others. One of the individual human dimensions is the level of inner spiritual life which is significant in influencing the biological, psychological and social levels.

Our organization's task is to provide a harmonised complex attitude to people in the spiritual fields, which we would like to particularly focus on.

Our research, carried out in our and other homes for the elderly, shows that we have consistently proved that spirituality and experiencing the spiritual life is directly linked to the perception of the meaning of life. A person who knows the meaning of life, where they came from and where they are going, can experience their current situation, actually their contemporaneity, without any fear or stress.

People who aren't only self-focused and know the meaning of their own life, don't experience the feelings of emptiness and non-fulfilment.

This fact is perhaps based on the philosophy of the Christian teaching, which inspires and leads people to a non-selfish attitude to their close relatives and to the others and to their life as a whole.

On this occasion, it is suitable to remind ourselves the words of the apostle Paul from the first Korintsky apostle. He exhorted the first Christians to experience love, that is patient, kind, ungrudging, not seeking its own prosperity. Those were particular tidings for everyone wanting to live their lives rewarding and worthwhile. Living and being for the others is the only life fulfilment.

In the introduction of the annual report I would like to thank all the people and the institutions who help us to help.

At the same time I am delighted to wish our co-workers and the dear readers of this report, all the best and also meaningful living filled with responsiveness to the needs of your dear and close ones.

*Bc. Martin Pražák*  
*Director of Charita Ostrava*

## Spiritual adviser's Introduction



“Strong pain is to be not-understood. Greater joy than many miseries is the feeling that someone understands!”

I suppose I can state, that, thanks to the activities of Charita Ostrava it is possible to put into practice all the things I have chosen this year for my toast as a motto.

Even though all the human pain can't be eradicated completely, a good charity worker, as well as a supporter of the charity acts, is the principle of the “livelier joyfulness”. That means that into the life of those less fortunate is put hope or even a new opportunity. Here is found the much needed understanding and sincere perception of people's destiny. Thanks to you all!

*P. František Kufa*  
*Spiritual adviser of Charita Ostrava*



*The management team Charita Ostrava*

## Establishment and the Mission of Charita Ostrava

Charita Ostrava was established by the Archbishop of Olomouc as a functional establishment of the Roman Catholic Church on 26 January 1991. From the second half of 1996, after the Ostrava-Opava Diocese came to being, rights and obligations of our organization's founder were transferred from the Olomouc Archdiocese to the Ostrava-Opava Diocese and the organization has become a component of the Ostrava-

Opava Diocese Charity with an independent legal subjectivity.

.....  
*The main mission of Charita Ostrava is the provision of social, medical and humanitarian assistance to people in need, regardless of their denomination, race or nationality.*  
.....

## Basic Data of Charita Ostrava

**Name:** Charita Ostrava  
**Seat:** Kořenského 17  
703 00 Ostrava – Vítkovice  
**Telephone:** 596 621 094, 731 625 789  
**Fax:** 596 621 094  
**E-mail:** ostrava@caritas.cz  
**Web site:** www.ostrava.caritas.cz  
**Company ID:** 44940998  
**Legal form:** registered corporate entity  
**Registration:** 8/1-08-718/1996 with the Ministry of Culture of the Czech Republic

**Account:** KB Ostrava, 1628245761/0100 (grants)  
KB Ostrava, 196352520277/0100 (donations)  
KB Ostrava, 4040237/0100 (financing the activities of Chartia Ostrava)

### **Management of the organization:**

Bc. Martin Pražák – Director  
P. Mgr. František Kufa – Spiritual Adviser  
Petr Hrubý – Leading Economist  
Mgr. Marie Monsportová – Head Social Medical Services Department  
Mgr. Vojtěch Curylo – Head Social Prevention Services Department  
Erika Domašiková – Head Technical-investment department  
Ing. Dalibor Kraut – Head Public Relations Department

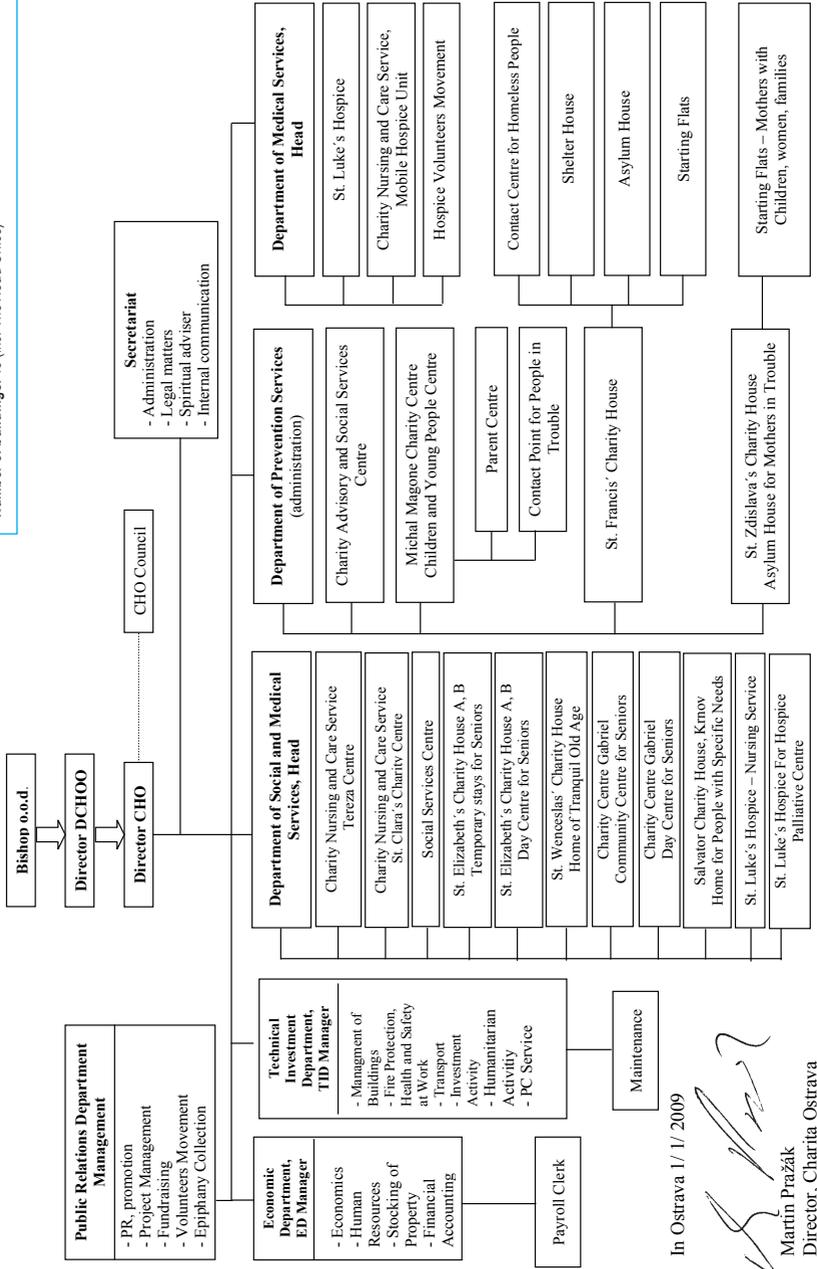
**Charita Ostrava Council:** MUDr. Zdeněk Novotný, P. Jan Plaček, Ing. Eva Porubová

**External workers:** Mgr. Luisa Benedíková – psychologist, JUDr. Miluše Černinová – lawyer

**Physicians:** MUDr. Hugo Příbyl, Ph.D., MUDr. Karla Vontrobová, MUDr. Magdalena Klimešová, MUDr. Jaroslav Hájek, MUDr. Miroslav Mezlík, MUDr. Sylva Brtníková, MUDr. Františka Chovančíková, MUDr. Pavel Vodvářka, Ph.D., MUDr. René Šrubař, MUDr. Vladimír Štěpánek, MUDr. Marcela Persichová, MUDr. Jaroslav Boška, MUDr. Katarína Štřelcová, MUDr. Jan Hromada, MUDr. Petr Barabáš, MUDr. Dana Svěchová

# Charita Ostrava organization structure:

Number of registered services: 20  
 Medical services: 2 charity Nursing and care service mobile Hospice Unit, St. Luke's Hospice  
 Other services: 2 Voluntary Hospice Unit, Parent Centre  
 Number of buildings: 13 (inc. The Head Office)



In Ostrava 1/1/2009

Martin Pražák  
 Director, Charita Ostrava

## Charity Nursing and Care Service, Tereza Centre

Charvátská 8, 700 30 Ostrava – Výškovice

**Telephone:** 599 508 504

**E-mail:** cho.chops@caritas.cz

**Manager:** Marta Dostálová

**Number of employees:** 16

**Number of service users of CHPS in 2008:** 170

**Number of visits:** 30,871

**Number of lunches:** 8,583

**Establishment date:** 1. 9. 1991

The mission is to provide professional social services to seniors, handicapped persons and those who are not capable of securing their biological, psychological and social needs themselves or with the help of their families in their own homes. The goal is to enable a person in need to remain as long as possible in their home environment and to keep their current lifestyle. The nursing and care services provide comprehensive services including: assistance in household management, catering, assistance in self-attendance, providing the service of social gathering, assistance in acts of personal hygiene, the use of compensatory medical aids, social consultancy.

The social worker helps in handling and dealing with administrative tasks or applications:

- Donations in connection with the usage of the compensatory medical aids
- Handling the donation applications for care and nursing services
- Issuing identity documents or passport

Part of our service is renting the compensatory aids, e.g. mechanical chairs, walking trolleys, showering trolleys, toilet chairs etc.

We charge for the social care according to our valid pricelist.



## St. Elizabeth's Charity House

Temporary Stays and a Day Centre for Seniors

Syllabova 19, 700 30 Ostrava – Zábřeh

Zelená 2514, 709 00 Ostrava – Mariánské hory

**Telephone:** 599 526 912, 599 526 006

**E-mail:** cho.alzbeta.syllabova@caritas.cz

cho.alzbeta.zelena@caritas.cz

**Manager:** Jarmila Grollová

**Number of employees:** 32

**Full capacity of the establishment:** 46 beds

**Capacity of the Day Centre:** 10 people

**Number of service users in 2008:** 90

**Number of service users of the Day Centre:** 10

**Centre opening:** 3. 9. 1995

An establishment for temporary stays of seniors and handicapped persons, who are unable to secure their essential needs. Due to their state of health or for other reasons, they are unable to secure their essential needs themselves. The majority of clients are partially or fully immobile, their situation can be tackled by assistance from their families or by utilizing field social workers according to the need of uninterrupted care.

The goal of the provided social accommodation service is the maximum support in improving or sustaining clients' current self-reliant state and living standards.

This establishment tackles the urgent need for care or as a help service for families who are in a long-term care duty of their relatives. The service is provided until the situation is solved.

Services of the Day Centre for Seniors and people with disability are for those who are looked after by somebody else, because of their low self-care ability. The Day Centre includes and provides nursing service, assistance and activation services, when their family members are at work.



## St. Wenceslas' Charity House

Home of Tranquil Old Age

Kubínova 44, 713 00 Ostrava – Heřmanice

Telephone: 596 536 411

E-mail: cho.vaclav@caritas.cz

Manager: Ing. Jaroslav Doležel

Number of employees: 40

Full capacity of the establishment : 58

Number of service users in 2008: 72

Centre opening date: 11. 8. 1998

The mission of this establishment is to provide residential social services to people, who are unable to secure their essential needs in their own homes, due to their poor health state or other reasons. Their situation can not be tackled by their families nor our mobile social services.

The goal of the provided accommodation services is the maximum support in preserving their self-reliance and their lifestyle, as well as securing their dignified and active living. The fulfilment of our goals is reached by offering and securing the comprehensive residential services and by individual approach appropriate to the service users. The target group are seniors, and people with disabilities.

The range of direct supporting services is provided by professional workers. The services vary from basic and minimal care to maximum care. According to the client's individual needs we provide services such as:

- accommodation,
- catering, assistance
- in self-attendance and hygiene social,
- integration, social therapy, activation services,
- assistance in asserting rights and interests.



## Salvator Krnov Charity House

Home for People with Specific Needs

Švabinského 10, 794 01 Krnov

Telephone: 554 614 702

E-mail: cho.salvator@caritas.cz

Manager: Alice Posoldová

Number of employees: 27

Full capacity of the establishment: 36 beds

Number of service users in 2008: 39

Centre opening date: 1. 6. 1995

This home's idea is to provide comprehensive residential services to clients with specific needs. The goal is to support clients' self-reliance and secure conditions fit for human beings, maintain the existing self-reliance and lifestyle of users.

The target group are persons with specific needs in their own environment themselves and whose situation cannot be solved by the assistance from their families or by utilizing field social services. Approximately half of our clients came from the mental hospital, where they had stayed sometimes even for several years.

The chances of getting back to their families or obtaining new accommodation are, for most of them, very limited. According to our clients' needs, their age and considering their diagnoses, our main aims are securing good quality accommodation and catering, preserving or improving their self-reliance and independence. We also support them in integrating into their social environment and re-developing relationships or reuniting them with their families and friends. When fulfilling our aims we co-operate with other regional organizations. These establishments run sheltered and donated accommodation or offer social rehabilitation through methods of praxis and sheltered occupation.



## Charity Centre Gabriel

Community Centre for Seniors

Čujkovova 40a, Ostrava – Zábřeh

Telephone: 599 527 590

E-mail: cho.gabriel@caritas.cz

Manager: Jana Paseková, DiS.

Number of employees: 5

Full capacity of the Day centre: 10

Number of the DC service users in 2008: 19

Full capacity of the Community Centre for seniors: 30

Number of contacts in the Community centre in 2008: 5,015

Centre opening date: 5. 3. 2007

The Community centre for seniors offers two kinds of social services – Day Centre and Senior's Club. Day Centre for seniors and persons with disabilities is dedicated to those with lowered self-sustainability due to their age, chronic illness or disability and need the assistance of another person. The care is provided when the family members are at work, or for some other reasons are not available. The services provided in the Day Centre are suited to the service users' individual needs, namely: *catering, self-attendance assistance, social contact, activating activities i.e. music therapy, games, art activities, walks, assistance in proceedings of human rights and interests etc.* The Senior's Club is a pleasant place to spend time.

For the elderly and the disabled this is an opportunity to attend social events and join in club activities. The range of activities is available to anyone who enjoys cultural, social and spiritual gatherings or just want to talk to someone. The Senior's Club offers: *lectures with forums, Ladies'club, workshops, IT and computer literacy courses, games, provision of reading materials such as books and magazines, musical afternoons, the Charita's art gallery G.*



## St. Clara's Charity Centre

Community Establishment for Handicapped People

Hrabyně 201, 747 67 Hrabyně

Telephone: 737 558 112

E-mail: cho.klara@caritas.cz

Manager: Jana Režnarová

Number of employees: 7

Number of service users in 2008: 65

Number of contacts in 2008: 5,504

Centre opening date: 1. 12. 2006

Helping people with disabilities just like those able-bodied people, to live life in dignity is the idea of the Personal Assistance Centre. The target group are people being long-term wheelchair users, especially after accidents, people with disabilities and senior citizens. Services provided by our assistance service are not only satisfying the users' biological needs, but also their social interests. We accompany them to the shops, various social events and trips.

We provide whatever help our clients need. The purpose of the Assistance Centre is to support and assist to people with disability in difficult situations, the support and assistance in their essential daily self-attendance.

We secure providing services such as:

- Personal hygiene
- Meal preparation
- Dressing
- Common household tasks, help with communication, dealing with officials, when studying or interests and hobbies, ironing, handling the laundry, transporting clients with handicaps by our customised vehicle etc.



## Charity Advisory and Social Services Centre

Jeremenkova 8, 703 00 Ostrava – Vítkovice

**Telephone:** 599 526 906

**E-mail:** cho.poradna@caritas.cz

**Manager:** Bc. Kateřina Pekárková

**Number of employees:** 2

**Number of service users in 2008:** 646

**Number of sessions in 2008:** 1,226

**Centre mening date:** October 1994

The aim of this service is to help people who consider their life situation as unfavourable and are unable to solve the problem themselves nor by the assistance of their family or relatives.

We assist via professional social or legal advice, consultancy, in person or over the phone, on-line advice and by securing basic social and material help. The goal is to offer individual solutions and help in creating possibilities. We stress the development of a person's capability to learn, how to understand the situation and on motivation for mobilizing all the strength in order to solve one's own problems independently.

Our services:

- expert social and legal advice
- consultancy in difficult situations
- consultancy on human's rights, discretions and duties, justified claims, legal duties and providing assistance in law enforcement and legitimacy interests.
- providing social services and material help
- spreading the information about other social services in our region and securing consecutive assistance in these centres.
- assistance in dealing with personal issues



## Michal Magone Charity Centre

Children and young people Centre

Václava Košáře 12a, 700 30 Ostrava – Dubina

**Telephone:** 599 527 250

**E-mail:** cho.magone@caritas.cz

**Manager:** Jiří Hořínek

**Number of employees:** 6

**Number of contacts in 2008:** 14,165

**Centre mening date:** October 1996

In Michal Magone Charity Centre – its Children and Young People Centre, in Ostrava – Dubina, gathering of young people with other persons of their age, is provided in a safe and friendly environment.

We offer sufficient free time activities, we motivate our clients to learn and adopt good and correct manners and therefore motivate them to social integration. Our employees aim to creating a motivating and safe space for the young. Gathering, meeting friends and also making new friends is a satisfying goal, avoiding possible social exclusion of the individual from society. Targeted group are children and youths from 6 to 18 years of age, specifically from Ostrava – Dubina and its surroundings.

Apart from the targeted group mentioned above, we also focus on disorganised children and youths endangered by socia-pathological elements, those with very specific lifestyle, clients who could be in danger of a lack of affection, material security or social exclusion.

This targeted group is put at risk by the absence of material needs and affection, criminality, using addictive drugs (incl. alcohol), sexual abuse, street violence, truancy, gambling. The principals of the project is to efficiently motivate young people to work and use their creative capabilities, encourage their sense of participation in their own work and motivate them to positive human values.



## Michal Magone Charity Centre Parent Centre “Klubíčko”

Common room for parents with children from  
0 to 6 years of age and guided programme

Zd. Chalabaly 2, 700 30 Ostrava – Bělský Les  
Čujkovova 40a, 700 30 Ostrava – Zábřeh

Telephone: 596 710 340, 732 934 118

E-mail: cho.klubicko@caritas.cz  
klubicko.gabriel@seznam.cz

Contact persons: Petra Hořínková,  
Táňa Lázníčková

**Number of employees:** 4

**Number of contacts**

**(both establishments) in 2008:** 11,198

**Number of service users**

**(both establishments) in 2008:** 742

The Parent Centre offers the chance to spend time with other parents on maternity leave and their children together in common place. The activities are focused on preventing social exclusion, assistance in a disadvantaged job market, establishing higher self-esteem, dealing with problems in partnerships, active time with their children, developing mother-child communication skills. We also focus on supporting the positive parents' attitude towards their child, adopting good manners, bringing up to be responsible, conscientiousness and creating inner rules. Children can join the group and can engage in meaningful activities. The pillars of our work are namely: personal approach, creating trustworthy relationships with the children and parents, and individual help in solving problems. We co-operate with a psychologist and physiotherapist, we arrange contact with the logopedist or psychologist. We offer the use of a common room with infant facilities, kitchen unit and a large changing room. We regularly offer guided programmes such as parents' exercising with their children divided by age group, creative activities for the children 2 years old and over, creativity for mothers.



## St. Francis' Charity House

Contact Centre for Homeless People

Lidická 54, 703 00 Ostrava – Vítkovice

Telephone: 599 526 909

E-mail: cho.frantisek.km@caritas.cz

Manager: Mgr. Ivo Křížka

**Number of employees:** 4

**Number of service users in 2008:** 572

**Number of contacts in 2008:** 10,961

**Centre opening date:** 1. 3. 2006

St. Francis' Charity House and its Contact Centre for homeless people. This centre is part of a scale system of services provided by this centre. At its lowest position in this scale, it is the most easily approachable service for the homeless. The goal of this service is to lower social and health risks connected with their unfavourable situation. In practice, we reach our goal in ways that lower these dangers, especially in the fields of:

- hunger – provision of food
- illness – possibility of using our sanitary facilities, necessary clothing and we offer laundering service
- mental – services within the range of the centre, co-operation with other crisis centres and its consequential services
- social – social advice, (help in asserting human rights, legitimate interests and dealing with personal issues)

Part of the social service is a job opportunity-selling a magazine „Nový prostor“. The aim of this service is to earn a legal income, adapt to the working world, conform to rules, ultimately leading to a successful return to society and the job market.



The project was supported by grants from funds  
European Union – European Social Fund

## St. Francis' Charity House

### Shelter House

**Sirotčí 41, 703 00 Ostrava – Vítkovice**

**Telephone:** 599 527 496

**E-mail:** cho.frantisek@caritas.cz

**Manager:** Petr Matěj

**Number of employees:** 5

**Full capacity of the Shelter House:** 20  
(in emergency 30)

**Number of service users in 2008:** 281

**Number of lodgings in 2008:** 7,718

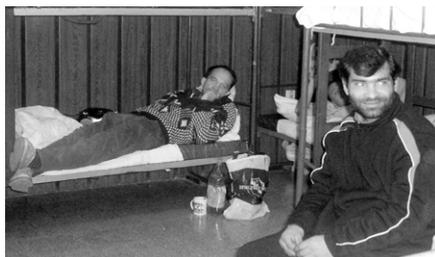
**Centre opening date:** 1. 6. 1994

The goal of this shelter is to provide over-night accommodation for homeless men with the provision of other social services. The aim of the centre is to lower social and health dangers of the service users. The establishment runs three phases, first phase is the emergency lodging, second phase is focusing on stabilizing, third phase is itegration, more accurately, re-integration service.

The service is based on an individual approach to citizens and applying a resocialization programme. This consists of: finding, first approach, learning the background of the service users, accaptance to the service users system, mental and social stabilization of the client, establishing personal contact – reviewing possibilities, recovering and improving the system of benefits linked with self-reliance. The Shelter House provides:

- emergency

- accommodation,
  - help in short-term difficulties,
  - single feeding, personal hygiene,
- provision of
- clothing
  - lowering the risks threatening the service
  - user life
  - support in entering the work place



## St. Francis' Charity House

### Asylum Establishment for Homeless People

**Sirotčí 41, 703 00 Ostrava – Vítkovice**

**Telephone:** 599 527 496

**E-mail:** cho.frantisek@caritas.cz

**Manager:** Jiří Linart

**Number of employees:** 8

**Full capacity of Asylum Establishment:** 34

**Number of service users in 2008:** 80

**Number of Starting Flats users:** 9

**Centre opening date:** 1. 6. 1994

The mission of St. Francis' Charity House and its Asylum Establishment, is to individually assist homeless men in tackling their unfavourable situation.

The goal of the Asylum Establishment service is to ease the client's situation and via individual approach, help in gaining independence from the need of the social benefits system and returning to a normal social environment.

The Asylum Establishment services are responsible services for the homeless clients after the Contact Centre and the Shelter House. Those centres are mostly the first contact places of the homeless men in their difficult situations, not able to cope on their own.

The next important project is "Starting Flats", where we offer help and support in reintegration into the society. The goals of the Asylum Establishment are: fulfilling the essential human needs (accommodation, hygiene, catering), stabilizing their situation (ID documents, physicians, personal issues), help in asserting human rights and legitimate interests, self-esteem enhancement, and encouraging free time activities (courses, cultural and sport events), integrating into society (employment, own accommodation).



## St. Francis' Charity House

### Starting flats – social rehabilitation programme

Erbenova 486/48, 703 00 Ostrava – Vítkovice

**Telephone:** 599 527 496

**E-mail:** cho.frantisek@caritas.cz

**Manager:** Mgr. Vojtěch Curylo

**Number of employees:** 2

**Number of flats:** 12

**Number of service users in 2008:** 44

**Date of establishment:** February 2006

The basic idea behind the starting flats – social rehabilitation programme of Charita Ostrava is to provide the service users with support when starting their own individual life and to offer them an opportunity to be integrated in the society.

The aim of the project is to encourage the service users' sense of self-reliance, so that he/she is capable of leading his/her own life.

The target group are the current service users at St. Francis' Charity House and St. Zdislava's Charity House, who are homeless and find themselves in unfavourable social situation. In addition, they fulfil the following criteria: they are over 18 years of age; they receive legal income (including pensions, subsidies, etc.); they have basic physical, mental and practical predispositions to be capable of leading an individual life; they have been service users of the charity house for at least 3 months and they are actively seeking to solve their unfavourable social situation.

The starting flats – social rehabilitation programme supports the service users in starting their individual self-sufficient life. It helps them acquire or develop the key skills and abilities necessary for leading and maintaining an individual life.



## St. Zdislava's Charity House

### Asylum house for mothers in trouble

Kapitólní 14, 700 30 Ostrava – Zábřeh

**Telephone:** 599 527 494

**E-mail:** cho.zdislava@caritas.cz

**Manager:** Anna Stuchlá

**Number of employees:** 7

**Full capacity of the establishment:** 9 mothers, 15 children

**Number of service users in 2008:** 82 mothers

**Number of starting flats users:** 35

**Date of establishment:** 1 June 1994

The purpose of St. Zdislava's Charity House is to provide comprehensive services to mothers with children or to future mothers who find themselves in unfavourable social situation (women who lost their homes, family background or experienced domestic violence, etc.). The aim of the service is to help the women solve the unfavourable situation, gain a new ground and become independent. The social service provided depends on individual's skills, abilities and circumstances. The service aims to encourage the clients to solve their difficult situation actively and minimize their dependence on the social assistance. The service focuses mainly on child care and education and supports the clients in finding the motivation and strength necessary to overcome their social exclusion and lower the chances of being in such unfavourable situation in the future. Our clients are offered:

- Accommodation for a definite period of time
- Individual support with solving their unfavourable social situation
- Advisory service targeted at raising awareness of rights and responsibilities in the clients
- Help with child care and education
- Guidance to purposeful economizing
- Development of their practical skills
- Other means of professional support



## St. Luke's Hospice

Establishment for persons in the terminal stage of life

Charvátská 8, 700 30 Ostrava – Výškovice

Telephone: 599 508 505

E-mail: lukashospic.ostrava@caritas.cz

Manager: Bc. Věra Pražáková

Number of employees: 47

Number of service users in 2008: 217

Number of Nursing Services users: 34

Full capacity of the establishment: 30 beds, 22 extra beds, 12 visitor beds, a priest's apartment

Date of establishment: 8 October 2007

**"The hospice does not promise recovery, but it does not take away hope either."**



St. Luke's Hospice is a specialised non-governmental medical establishment for incurably ill persons in the terminal stage of life and oncology patients, whose therapy in the hospital has been recently terminated, and it is not possible to provide them with the nursing and care services in their own homes (all other possibilities of treatment must be exhausted before a seriously ill person is admitted to the hospice).

Principles and conditions of the hospice service:

- Respect to a person as a unique being
- Dying represents a natural part of the life cycle
- Dignity of life is preserved; respectful approach to patients is maintained
- Maximum support to both the patient and his relatives is provided
- Unrestricted visiting hours
- Emergency service is available 24 hours a day
- The service is provided to everyone, irrespective of their religious belief, race or nationality

At St. Luke's Hospice, all biological, psychological, social and spiritual needs of the patients are

respected. The establishment provides the best quality of life possible to both the incurably ill persons and their families. Therefore, apart from a general practitioner, cancer specialist and the medical staff, also a social worker, pastoral assistant and clerical and hospice volunteers are members of the professional team.

According to individual's needs the hospice above all provides:

- Comprehensive nursing services adjusted to individual needs (including the palliative cure)
- Psychological support to both the patients and their families
- Accommodation, supply of food
- Possibility to have a close person/visitor present 24 hours a day
- Rooms with extra beds for the visitors, central signalling/alarm system, oxygen distributor, TV, Internet connection, terrace, etc.
- Unrestricted access to the chapel, regular church services

The costs of the services provided by St. Luke's Hospice are covered by health insurance programmes, the patients' contributions for additional services as well as by benefactors' donations. The persons are admitted to the hospice on the basis of an application which can be obtained at St. Luke's Hospice or can be accessed online at [www.ostrava.caritas.cz](http://www.ostrava.caritas.cz).

**Other social services provided by St. Luke's Hospice:**

### Advisory Service for Hospice Palliative Care

Charvátská 8, 700 30 Ostrava – Výškovice

Telephone: 599 508 505

E-mail: socialni.lukashospic@caritas.cz

Number of contacts with users in 2008: 3,282



The objective of the establishment is to provide support to those persons, who perceive their or someone else's situation (often resulting from their incurable disease) as difficult. The Advisory Service for Hospice Palliative Care offers social and specialist consultancy services in person, on the phone or by e-mail. The advisory service covers the areas of rights, responsibilities and interests of either the patients in the terminal stage of life, or their tenders. The establishment also provides contacts to other specialists in their fields (i.e. a doctor, psychologist, pastoral assistant, priest, nurses and others).

## St. Luke's Hospice – Nursing Services

**Charvátská 8, 700 30 Ostrava – Výškovice**

**Telephone:** 599 508 505

**E-mail:** lukashospic@caritas.cz

**Capacity of the establishment:** 6 beds

**Number of users in 2008:** 34

The aim of the Nursing Services at St. Luke's Hospice is to provide temporary residence to persons, who are due to their age or a chronic disease no longer self-reliant and are taken care of in their homes. The purpose of the service is to enable their tenders to have a rest and, at the same time, to encourage the patients to be more self-reliant and active, if possible. The services include: encouragement of practical skills; help with personal hygiene; supply of food and drinks; advisory service regarding the patients' rights and interests; provision of contact with social environment; provision of various therapies.



## Charity Nursing and Care Service; Mobile Hospice Unit

**Charvátská 8, 700 30 Ostrava – Výškovice**

**Telephone:** 599 508 504

**E-mail:** cho.chos@caritas.cz

**Manager:** Bc. Martina Hluchníková

**Number of employees:** 5

**Number of service users in 2008:** 110

**Number of visits:** 6,622

**Date of establishment:** 1 September 1991

The aim of the Charity Nursing and Care Service is to enable the clients to stay in their own home background for as long as possible, while supporting them to maintain their way of life and self-reliance. The target group are seniors, handicapped persons or incurably ill persons who are no longer capable of securing their biological, psychological and social needs either by themselves or with the help from their families. We visit the clients in their own homes, always respecting their individual needs. The nursing and care services are provided on the basis of a general practitioner's or a specialist's recommendation and the services are fully covered by health insurance programmes.

The Mobile Hospice Unit is an integral part of the Charity Nursing and Care Service. The unit provides patients with care in the terminal stage of life, in case the curative treatment is no longer a solution. The service enables the clients to stay in their familiar background even in the final stage of their life, not lonely and not suffering from pain. Also, their psychological, social and spiritual needs are catered for. The goal of the service is to provide the best quality of life possible to both the dying persons and their families. The services are provided 24 hours a day.



## Hospice Volunteers Movement

Charvátská 8, 700 30 Ostrava – Výškovice

**Telephone:** 599 508 504, 731 625 768

**E-mail:** hospicove.hnuti@caritas.cz

**Co-ordinator:** Jana Camfrlová, DiS.

**Number of employees:** 1

**Number of volunteers in 2008:** 73 (976.5 voluntary hours)

**Number of service users in 2008:** 108

**Date of establishment:** May 2001

The aim of the Hospice Volunteers Movement is to provide help to patients suffering from incurable disease or patients in the terminal stage of life who are often left alone, far from their families. The project attempts to introduce dignity to human dying and to re-integrate the death into the natural human cycle and a family community.

The hospice volunteers visit the patients regularly at homes, in hospitals, retirement homes and other state and non-governmental establishments to talk to them, to read, accompany them, as well as to manage the shopping and organize various social occasions for them.

Each volunteer has to take a course which consists of 35 theoretical lessons, 20 practical lessons and 3 lessons of supervision. Our team of lecturers includes nurses, a social worker, a psychologist, a physiotherapist and a priest. All of the lecturers have a rich practical experience of working with terminally ill or dying people. After completing the whole course, the candidates are awarded a certificate which qualifies them to provide an expert support to incurably ill or dying patients. With respect to the high demands of the voluntary activity, supervisory meetings take place on a regular basis.



## Volunteers Movement

Kořenského 17, 703 00 Ostrava – Vítkovice

**Telephone:** 596 783 011

**E-mail:** eva.teicherova@caritas.cz

**Co-ordinator:** JUDr. Eva Teicherová

**Number of employees:** 1

**Number of permanent volunteers in 2008:** 117

**Number of casual volunteers:** 1,100 (at the occasion of the Epiphany Collection)

**Date of establishment:** 1991; organised structure since 2001

The Volunteers Movement represents another integral part of the comprehensive programmes of Charita Ostrava. The purpose of the Volunteers Movement is to help people in need and to provide its clients with quality leisure time activities aimed at personal growth and ethical appreciation of the surrounding world. The Volunteers Movement realizes its activity within the scope of particular projects developed according to the requirements of Charita Ostrava by supplying volunteers for the different charity establishments and projects. Also, the Volunteers Movement secures training of volunteers and collaborates with other volunteer centres (i.e. Hestia) and secondary schools. The Volunteers Movement prepares a variety of volunteer programmes and associates volunteers. The Seniors Club and the Ladies' Club Živá Voda were established as parts of the Volunteers Movement in 2001 and 2007 respectively. Another vital part of the Volunteers Movement activities is the Epiphany Collection, which is prepared and realized in co-operation with Charita ČR (the Charity of the Czech Republic) and takes place across the whole country. The collection stands for a significant financial contribution and, at the same time, it represents the donors' generosity.



## Profit and Loss Statement as at 31. 12. 2008 (in thousands of CZK)

REVENUES	
<b>total revenues for in-house outputs</b>	<b>39,680</b>
* sales of services	39,680
<b>Total additional revenues</b>	<b>5,530</b>
* interests	64
* foundations	1,026
* currency exchange	-3
* other	4,443
Total revenues for sales of assets	0
* sales of long-term assets	0
* sales of material	0
<b>Total contributions and donations</b>	<b>1,141</b>
* single donors	260
* sponsors	421
* collections	54
* other	406
<b>Total grants for operation</b>	<b>37,790</b>
* from state budget – MPSV ČR	21,825
* from state budget – MPSV ČR – ESF	190
* labour offices	707
* from regional budget (MSK)	345
* from city and municipalities (SMO, obce)	14,723
<b>Total revenues</b>	<b>84,141</b>
<b>Profit and loss result</b>	<b>-89</b>

COST	
<b>Total consumed purchase</b>	<b>15,227</b>
* material consumption	9,126
* energy consumption	5,559
* other non-stock supplies consump.	542
<b>Total services</b>	<b>7,139</b>
* repairs and maintenance	338
* travel expenses	136
* entertainment expenses	280
* other services	6 385
<b>Total wages and salaries</b>	<b>53,171</b>
* payroll cost	38,403
* statutory social insurance	13,406
* statutory social expenses	1,339
* other social expences	23
<b>Total other costs</b>	<b>953</b>
* taxes and fees	17
* income tax	325
* donations	27
* other costs	584
<b>Total depreciation, assets sold</b>	<b>7,724</b>
* depreciation	7,724
<b>Total contribution provided</b>	<b>16</b>
* membership fees provided	16
<b>Total cost</b>	<b>84,230</b>

## Assets and liabilities as at 31. 12. 2008 (in thousands of CZK)

ASSETS		159 249	
<b>Fixed assets</b>	<b>147,447</b>	<b>Active assets</b>	<b>11,802</b>
Long-term intangible assets (IA)	289	stock	192
Long-term tangible assets (TA)	-289	Short-term financial assets	2,263
Accumulated depreciation to long-term TA	180,308	Total other assets	8,976
Long-term financial assets	-32,961	Total assets	371
Long-term investmets	100		

LIABILITIES		159 249	
<b>In-house resources</b>	<b>151,572</b>	<b>Third-party resources</b>	<b>7,677</b>
equity	151,081	Short-term liabilities	7,347
funds	580	Total other liabilities	330
Profit and loss accumulated loss of past years	-89		
	0		

## Thanks for support

### Ladies and Gentlemen,

I would like to thank all donors, supporters, partner organizations, institutions, sponsors, staff and volunteers, who decided to financially, physically or through a selfless, willingness, interest, or prayer initiative to support our charity work. I believe that our work will not disappoint your trust which you have expressed your donation. Adoption is for your help all workers Charita Ostrava, while the new commitment, stimulating impetus to sanctioning a sense of our efforts to help people in need in the Ostrava region. The below list is only a fraction of all those who deserve sincere thanks not only to workers Charita Ostrava, but every man who is trying to support our activities.

Bc. Martin Pražák  
director of Charita Ostrava

### Donations of CZK 3,000

#### Public Administration

City of Ostrava  
Ministry of Labour and Social Affairs  
Moravian-Silesian Region  
Municipal District Ostrava – Jih  
Municipal District Ostrava – Vítkovice  
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Ostrava district – Nová Bělá  
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Milan Beneš  
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MUDr. Jan Všeťička  
MUDr. Olga Zapletalová





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**Caritas, help us!... THANK YOU!**

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**OSTRAVA!!!**

